

Inside the mind of a CISO

What's troubling today's SOC?
No one knows better than the CISO.



Trellix recently surveyed over 500 security leaders from around the world. We asked them about the challenges they face, the stresses they endure, and the tools that would make their lives easier. Here's what they had to say.

Proud to protect

“The thing I really enjoy about being a CISO is that you're doing a job that protects the organization from a potentially catastrophic event.”

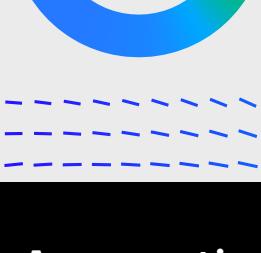
—CISO, Public Sector, USA



1 in 3

CISOs identify as a “protector”

The inevitability of incidents



have experienced a major cybersecurity incident



“In terms of an incident, it's not if, it's when. So I'm always looking over my shoulder for the grim reaper, waiting for something bad to happen.”

—CISO, Financial Services, UK

An emotional rollercoaster

“It's absolute hell to go through that. It's the pit in the stomach when you start to hear about it. It's the whole rollercoaster of maybe this is nothing and then it's something.”

—CISO, Healthcare, USA



60%

feel “worried” or “under pressure” while managing a major cybersecurity incident

Too many tools

“There's no end to the availability of products and tools for cybersecurity.”

—CISO, Oil & Gas, Saudi Arabia



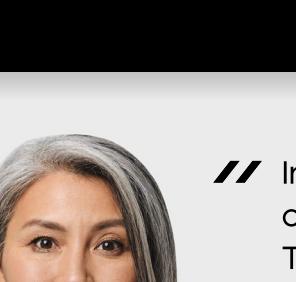
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is the average number of tools an organization uses

Bridging the resilience gap

“We're not 100% where we want to be with technology solutions and our defenses.”

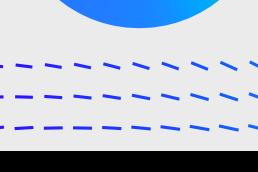
—CISO, Retail, India



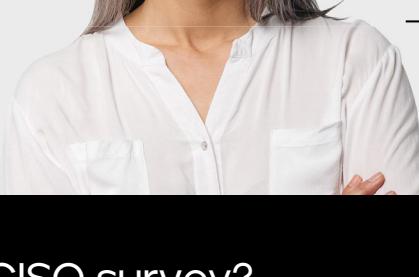
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have the technology they need to be cyber resilient

On the verge of burnout



say the right technology would save them from working so much overtime



“Incidents consume a lot of employee capacity. The cybersecurity department works very hard—lots of overtime.”

—CISO, Manufacturing, Germany

Want more findings from our CISO survey?

[Read the report](#)